## Welcome to the Missisquoi National Wildlife Refuge!

Five special trails await your exploration.

Hike each one to discover its secrets and locate each trail's hole punch station. Use the back of this card to keep track of your punching progress.

Once you collect all five unique punches, visit the Refuge Headquarters Gift Shop to get your free patch!

Keep your eyes open there's so much to see out there!

Good Luck!



This Missisquoi Trail Card Belongs To:

**Discovery Trail** (1 mile loop, 45 minutes) Follow this trail past ponds, through fields and into the woods at the edge of Maquam Bog. Walk along oak islands and boardwalks for an opportunity to see deer, red fox, coyote, songbirds and birds of prey.

Jeep Trail (Closed April - July for nesting, 5 miles round trip, 1.5 hours one way) Walk quietly and you may see a deer, mink or osprey within the peaceful floodplain forest. Great blue herons wade along the shoreline looking to snack on fish, frogs, and tapoles. Watch your step - and save a leopard frog!

Old Railroad Passage Trail (3 miles round trip, 45 minutes one way) On your way to Maquam Bog, look for bobolinks, savannah sparrows and meadowlarks in open fields. You'll pass through the bog - home to rare and unique plant species such as rhodera, pitch pine and Virginia chain fern. The trail ends at Maquam Bay -look for more birds!

Steven J. Young Marsh Trail (1.25 mile loop, 1 hour) Take in the colorful sights and distinctive smells of a freshwater wetland. Listen to the chatter of migrating ducks and geese in autumn. In summer, try to spot a green heron stalking fish, insects and frogs. Bring binoculars to see the osprey nest from the observation deck!

Black and Maquam Creek Trails (2.5 miles round trip, 45 minutes one way)

These trails take you to Lookout Point. Pass through fields, cover for small mammals and nesting habitat for birds and wooded lowland where you may see deer, rabbit and beaver. Forest openings provide habitat for woodcock. Cross wetlands and search for frogs.